



Parent Empowerment Program

Empowering and Supporting Parents and Caregivers
With Commercially Sexually Exploited Children



Parents/Caregivers with Commercially Sexually Exploited Children (CSEC) are invited to a 10-week Parent Empowerment Program, where parents and primary caregivers will learn and talk about the following in a supportive environment:

TOPICS:

- What is Commercial Sexual Exploitation?
- How and why do children and youth become victims of commercial sexual exploitation?
- Who are the exploiters/pimps/traffickers that are victimizing children and youth?
- How does commercial sexual exploitation impact youth/children and the family?
- Why do children/youth continue to return to their exploiter?
- How can I best support my child and what are some ways to help my child heal and recover?
- Communication strategies
- Safety Planning
- How can I take care of myself and my whole family during this difficult time?
- Resources in the community that are available to support you and your family

QUESTIONS?

Call Adela Estrada, CSEC Program Manager, at (213) 660-6912 or e-mail estraa@dcsf.lacounty.gov